



Florida Healthy Start

Broward Healthy Start Coalition



Fall 2020 Newsletter



Celebrate Day 366

In September we honored Infant Mortality Awareness month with a Forum featuring our FIMR Program Manager Ashley Sturm and Safe Sleep Program Manager Rachel Seeley as panelists. We touched on topics such as baby safety and pre and postnatal health. Car seat safety awareness week was also acknowledged during September 21st-26th.

Baby safety is a hot topic. The focus continues as we head into October with SIDS Awareness month and November being Prematurity Awareness month. Every baby deserves a Healthy Start, and to celebrate day 366.

Baby Safety Practices Video Clips

1. Car seat: <https://www.youtube.com/watch?v=i3VRVTdzFio>
2. Water safety/drowning prevention: <https://www.youtube.com/watch?v=VjlkSSZew7M&feature=youtu.be>
3. Safe Sleep Practices: <https://safetosleep.nichd.nih.gov/resources/caregivers/videos>



We Need Each Other Now More Than Ever

It was once said “It takes a village to raise a child”. Broward Healthy Start is forever grateful to our village which has allowed us to provide the support needed to families during this unprecedented time. Since the outbreak of the coronavirus, Broward Healthy Start Program staff have continued to provide client support and services. To keep our staff and clients safe, at this time most home visitation services have transitioned to telephonic and virtual sessions. Broward Healthy Start has been serving this community since 1992 and we are committed to ensuring pregnant women and new parents can give their child a Healthy Start. During our fiscal year 2019 - 2020 Healthy Start served **23,230** women and infants throughout Broward County!



Welcome Aboard



Stephanie Zelaya is our new Service Coordination Specialist and is responsible for assuring a coordinated system of care for pregnant women and new moms with substance use disorders, and will serve as a resource for OB providers. Stephanie will be promoting prenatal substance use screening and perinatal depression screening with Broward OB offices.



Safe Sleep Is Here



Over 450 Cribs given each year

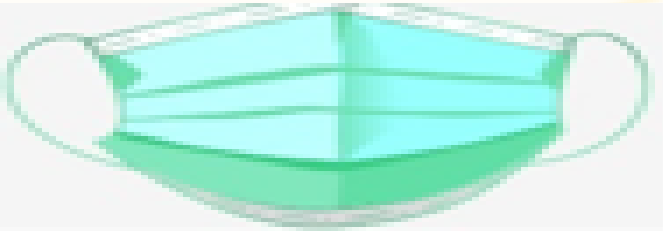
The Safe Sleep Program at Broward Healthy Start Coalition focuses on disseminating evidence-based Safe Sleep messaging into the community. We provide eligible Broward County families in need with a portable crib, sleep sack, fitted crib sheet, and safe sleep education.

For more information or to apply, please contact us at: (954) 567-7174 or Safesleep@browardhsc.org

BARE is Best!
for your baby's sleep environment



Did you know?



Florida Department of Health provided 22,000 face masks to BHSC to assist in fighting the spread of the Covid-19. We distributed these masks to community partners, as well as OB/GYN providers in Broward County. If your organization is in need of masks, please reach out to our Community Liaison, Alima Harley at AHarley@browardhsc.org or (754)206-2543.



Bereavement support is coming to Healthy Start and will be provided by Tomorrow's Rainbow. These services are available to families experiencing pregnancy or infant loss and will kick off in November with FREE group support offered in English, Spanish, and Creole. For more information please contact our FIMR Program Manager Ashley Sturm at ASTurm@browardhsc.org or (754)206-2541.

Say YES to Healthy Start Questionnaire

Healthy Start screening is a simple, brief questionnaire given on the first prenatal visit and at birth. This form helps identify factors during pregnancy and after delivery including medical and social factors that may lead to poor outcomes such as low birth weight, premature birth, or developmental delays of the child. This screening is used throughout Florida and is funded by the Florida Department of Health.

Say YES to Healthy Start!!!

Upcoming Events Via Facebook LIVE @Browardhealthystartcoalition (Features raffles and prize giveaways)

October 23, 2020

Haitian Community Baby Shower

10:30am to 12:30pm

Register at ULBroward.org/events

OR scan QR Code to the right.



October 28, 2020

SIDS Awareness Month Celebration)

Breastfeeding & Safe Sleep

11:30am to 12:30pm

Register at evite.me/fTwmK9SUwd



November 12, 2020

Virtual Shower2Empower

11:00am to 1:30pm

Register at evite.me/JFkyt7NC1 OR scan the

QR Code to the right.



Find out more about Healthy Start

CONNECT WITH US

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