



Broward Healthy Start Coalition, Inc.

Together, supporting mothers and babies



Free Group Classes for Pregnant and Parenting Women!!!

March 2016 Scheduled Classes in Broward County

North	South
<p><u>Avanti</u> Parenting – March 29th At Babies R US –7350 West Commercial Blvd Lauderhill 33319 from 6:00 pm to 8:00 pm For information call at: 786-443-7706</p>	<p><u>Avanti</u> Baby Basics- March 23rd Childbirth- March 30th At Babies R US –11930 Pines Blvd., Pembroke Pines 33024 from 6:00 pm to 8:00 pm For information call at: 786-443-7706</p>
<p><u>Memorial Healthcare System</u> Every Monday March 7th, 14th, 21st, and 28th Childbirth Education- from 10:00 am to 12:00 pm Breastfeeding support- from 2:00 pm to 3:00 pm North West Regional Library 3151 North University Dr., Coral Springs 33065 For information call at: 954-274-2634</p>	<p><u>Memorial Healthcare System</u> Every Tuesday March 1st, 8th, 15th, 22nd, and 29th Infant Stimulation and Parenting -, 10:00 am to 12:00 pm Childbirth Education – Most Friday, 10:00 am to 1:00 pm, CYS - 7031 Taft St., Hollywood 33021 For information call at: 954-624-6711 or 754-204-2902</p>
<p><u>Henderson</u> Second Wednesday every month Moms on a Mission Parenting, Childbirth, Safety for Mom and Baby and Nutrition March 9th, 2:00 pm to 4:00 pm 4740 North State Rd. 7, Suite 201, Lauderdale Lakes 33319 For information call at: 954-735-4530 ext. 103</p>	<p style="text-align: center;">Central</p> <p><u>Broward Health</u> Each month on the second and fourth Wednesdays Childbirth class 6-March 9th and 23rd Cora E. Braynon Family Health Center in the First Floor Conference Room From 12:00 pm 2:00 pm. 200 NW 7th Avenue Ft. Lauderdale, FL 33311 For information call at: 954-759-6730</p>
<p><u>Children’s Healing Institute</u> Every other Thursday March 10th from 3:00 pm to 4:00 pm Positions & comfort measures for labor- Breathing techniques Pain management options March 24th from 3:00 pm to 4:00 pm 3724 West Oakland Park Blvd., Lauderdale Lakes 33311 For information call at: 954-727-9955</p>	<p><u>KID, Inc.</u> Mommy and Me Mondays at 11:00 am March 1st Pregnant Women’s group at 6:00 pm March 14th and 28th at Kids 819 NE 26th St., Wilton Manors 33305 March 17th Breastfeeding class at Babies R Us at 6:00 pm 11930 Pines Blvd, Pembroke Pines 33024 March 24th Basic Baby Care- at 6:30 pm 7350 West Commercial Blvd Lauderhill 33319 For information call at: 954-390-7654</p>
<p>Urban League Breastfeeding group March 17th and 28th from 5:00 pm-to 6:00 pm 560 NW 27th Ave., Fort Lauderdale 33311 For information call at: 954-625-2574</p>	

If you have any questions for services, please contact the Broward Healthy Start Coalition, Inc. at 954-563-7583 or visit our website at www.browardhsc.org